

CVB KAZS: Session: 92: COACH evaluation sheet for TEAM: LAQUA

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lissens Jeroen HEADCOACH

Coaches: Limme Rajan

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 202: 400M FREESTYLE MEN 11+ Heat:1, starttime: 16:04

Heat: 1/4 Lane : 5 Athlete: SIGSWORTH KAYA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 202: 400M FREESTYLE MEN 11+ Heat:2, starttime: 16:13

Heat: 2/4 Lane : 2 Athlete: ARUSTAMYAN ARTHUR							Q-time: 07:13:28	
PB (25m pool): 07:13.28 Tremelo 14/12/2025			PB (50m pool): no time SB: 07:13.28 Tremelo 14/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:37.18		no time		03:28.00
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		07:13.28
								

Coach feedback:

Event number: 203: 100M MEDLEY WOMEN 11+ Heat:1, starttime: 16:33

Heat: 1/7 Lane : 4 Athlete: VERMEULEN LOUISE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

CVB KAZS: Session: 92: COACH evaluation sheet for TEAM: LAQUA

Event number: 203: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 16:36
Heat: 2/7 Lane : 6 Athlete: CREEMERS LIEZE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 206: 50M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 16:49
Heat: 1/3 Lane : 5 Athlete: FIVAZ ALEXI					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 206: 50M BREASTSTROKE MIXED 10-9					Heat:3, starttime: 16:52
Heat: 3/3 Lane : 2 Athlete: XIE BOYAN					Q-time: 01:00:97
PB (25m pool): 01:00.97 LEUVEN 22/02/2026 PB (50m pool): no time SB: 01:00.97 LEUVEN 22/02/2026					
	2 5 M	5 0 M			
PB		01:00.97			
	01:00.97				
					

Coach feedback:

Event number: 206: 50M BREASTSTROKE MIXED 10-9					Heat:3, starttime: 16:52
Heat: 3/3 Lane : 5 Athlete: LI YIYANG					Q-time: 00:56:75
PB (25m pool): 00:56.75 LEUVEN 23/11/2025 PB (50m pool): no time SB: 00:56.75 LEUVEN 23/11/2025					
	2 5 M	5 0 M			
PB		00:56.75			
	00:56.75				
					

Coach feedback:

CVB KAZS: Session: 92: COACH evaluation sheet for TEAM: LAQUA

Event number: 207: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 16:54
Heat: 1/3 Lane : 3 Athlete: SPADEA SAMUELE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 207: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 16:54
Heat: 1/3 Lane : 5 Athlete: KERREMANS SEM					Q-time: 01:52:23
PB (25m pool): 01:52.23 LEUVEN 22/02/2026 PB (50m pool): no time SB: 01:52.23 LEUVEN 22/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.27		01:52.23	
	00:52.27 00:59.96				
					

Coach feedback:

Event number: 209: 100M BACKSTROKE MIXED 10-9					Heat:1, starttime: 17:20
Heat: 1/2 Lane : 2 Athlete: XIE BOYAN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 209: 100M BACKSTROKE MIXED 10-9					Heat:1, starttime: 17:20
Heat: 1/2 Lane : 3 Athlete: FIVAZ ALEXI					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

CVB KAZS: Session: 92: COACH evaluation sheet for TEAM: LAQUA

Event number: 209: 100M BACKSTROKE MIXED 10-9					Heat:2, starttime: 17:23
Heat: 2/2 Lane : 2 Athlete: LI YIYANG					Q-time: 01:44:62
PB (25m pool): 01:44.62 LEUVEN 21/12/2025					PB (50m pool): no time SB: 01:44.62 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.31		01:44.62	
	00:51.31		00:53.31		
					

Coach feedback:

Event number: 210: 50M BACKSTROKE MEN 11+					Heat:2, starttime: 17:27
Heat: 2/3 Lane : 3 Athlete: SIGSWORTH KAYA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 210: 50M BACKSTROKE MEN 11+					Heat:2, starttime: 17:27
Heat: 2/3 Lane : 5 Athlete: KERREMANS SEM					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 210: 50M BACKSTROKE MEN 11+					Heat:2, starttime: 17:27
Heat: 2/3 Lane : 6 Athlete: SPADEA SAMUELE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

CVB KAZS: Session: 92: COACH evaluation sheet for TEAM: LAQUA

Event number: 210: 50M BACKSTROKE MEN 11+				Heat:3, starttime: 17:29	
Heat: 3/3 Lane : 3 Athlete: ARUSTAMYAN ARTHUR				Q-time: 00:45:89	
PB (25m pool): 00:45.89 LEUVEN 23/11/2025				PB (50m pool): no time SB: 00:45.89 LEUVEN 23/11/2025	
	2 5 M	5 0 M			
PB		00:45.89			
		00:45.89			
					

Coach feedback:

Event number: 211: 50M BACKSTROKE WOMEN 11+				Heat:1, starttime: 17:31	
Heat: 1/2 Lane : 4 Athlete: CREEMERS LIEZE				Q-time: 00:51:87	
PB (25m pool): 00:51.87 Leuven 23/02/2025				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M			
PB		00:51.87			
		00:51.87			
					

Coach feedback:

Event number: 211: 50M BACKSTROKE WOMEN 11+				Heat:1, starttime: 17:31	
Heat: 1/2 Lane : 5 Athlete: VERMEULEN LOUISE				Q-time: 99:99:99	
PB (25m pool): 00:55.70 Tienen 27/10/2024				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M			
PB		00:55.70			
		00:55.70			
					

Coach feedback:

Event number: 215: 100M FREESTYLE MEN 11+					Heat:1, starttime: 17:38	
Heat: 1/1 Lane : 2 Athlete: ARUSTAMYAN ARTHUR					Q-time: 01:32:27	
PB (25m pool): 01:32.27 LEUVEN 23/11/2025					PB (50m pool): 01:28.84 SB: 01:32.27 LEUVEN 23/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:42.88		01:32.27		
		00:42.88		00:49.39		
						

Coach feedback:

CVB KAZS: Session: 92: COACH evaluation sheet for TEAM: LAQUA

Event number: 215: 100M FREESTYLE MEN 11+					Heat:1, starttime: 17:38
Heat: 1/1 Lane : 6 Athlete: SIGSWORTH KAYA					Q-time: 01:24:22
PB (25m pool): 01:24.22 LEUVEN 22/02/2026					PB (50m pool): 01:24.44 SB: 01:24.22 LEUVEN 22/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:24.22	
	no time				
					

Coach feedback:

Event number: 216: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 17:40
Heat: 1/2 Lane : 2 Athlete: VERMEULEN LOUISE					Q-time: 01:56:46
PB (25m pool): 01:56.46 Zaventem 08/02/2026					PB (50m pool): 02:18.43 SB: 01:56.46 Zaventem 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:54.19		01:56.46	
	00:54.19 01:02.27				
					

Coach feedback:

Event number: 216: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 17:40
Heat: 1/2 Lane : 6 Athlete: CREEMERS LIEZE					Q-time: 01:55:32
PB (25m pool): 01:55.32 Zaventem 08/02/2026					PB (50m pool): 01:57.42 SB: 01:55.32 Zaventem 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.42		01:55.32	
	00:53.42 01:01.90				
					

Coach feedback: